



Cincinnati Sports Club

### Body Treatments

*Salt Glow* \$60  
A unique full-body exfoliation using all natural sea salts to leave your skin soft and renewed. (45 min)

*Buff n' Bronze* \$80  
A Bronzing treatment including exfoliation and preconditioning to allow for maximum penetration. Your hydrated skin will glow with shimmering mineral highlights lasting for days. (60 min)

*French Marine Algae Treatment* \$95  
After exfoliation, your body is coated with warm seaweed to hydrate the skin with minerals found deep in the sea. (90 min)

*Muds of the World* \$110  
Wrapping yourself in the magnificent elements of the earth can be one of many experiences whether you detoxify, hydrate or mineralize your body.

### Body Waxing

|                      |               |
|----------------------|---------------|
| Eyelash/Brow Tinting | \$48 for both |
| Lash                 | \$29          |
| Brow                 | \$25          |
| Lash Perm            | \$60          |
| Facial Waxing        | \$32 for both |
| Lip                  | \$16          |
| Brow                 | \$20          |
| Bikini               | \$35 and up   |
| Full-Leg             | \$67 and up   |
| Half-Leg             | \$37          |
| Brazilian            | \$60 and up   |
| Back                 | \$40          |
| Arm                  | \$30          |
| Full Leg and Bikini  | \$80          |
| ½ Leg and Bikini     | \$60          |

*All Sports Club members receive a 20% savings on all spa and salon services.*



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### *Skin Treatments*

*Luxury Facial* \$95

A luxurious facial designed to soothe and soften your complexion while it deeply de-stresses your entire body. You'll enjoy gentle yet thorough cleansing, a soothing Aromatherapy Oil massage of the face, neck and shoulders, relaxing steam inhalation therapy, and a customized mask laced with calming plant extract. (90 min)

*Express Facial* \$52

In just 45 minutes, you can exfoliate and moisturize your skin to keep it looking smooth and supple.

*Universal Spa Facial* \$75

Healthy well-balanced skin begins with a traditional European Facial to purify and rejuvenate any skin type. Restore your skin's clarity and vitality. Treatment includes aromatherapy massage, and warm hand and foot massage. (75 min)

*Back Facial* \$70

Achieve blemish-free, radiant skin on the back and shoulders. Combines deep pore cleansing, steam and alpha hydroxyl peel incorporated with a relaxing massage to the back, neck and shoulders. (50 min)

*In & Be - Teen Facial* \$60

Developed specifically for the needs of teen skin, this facial is a unique combination of natural antiseptics and anti-inflammatories to help maintain clearer, healthier skin. (50 min)

*Eye Zone Treatment* \$30

Bring sparkle back to your eyes with this soothing and revitalizing treatment. Specifically designed for the delicate eye area to firm, hydrate, and lift the eye area. (20 min)

*Choose from one of the following treatments*

*Deep Pore Cleansing \* Sensitive Skin*

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### *Hair Style and Design*

#### *Ladies' Haircut*

*\$38 and up*

Relax and let one of our stylists assist you and your needs. Weather a trim or a new style, there's a stylist waiting for you. Includes wash, cut and style.

#### *Men's Haircut*

*\$30 and up*

For men on the go, let Tonics be your stop for style. Stop in, no appointment necessary.

#### *Children's Cut*

*\$25 under 12*

Drop the kids off while you enjoy the club. We'll be happy to take care of the kids so your not rushing back and forth.

#### *Extras*

|                               |  |
|-------------------------------|--|
| Blow Dry and Style            | \$30-40  |
| UpDo/Special Occasion         | \$55 and up  |
| Deep Conditioner              | \$25   |
| Caviar Reconstructive Cond.   | \$75   |
| Permanent Color               | \$55-65  |
| Semi Permanent Color          | \$45-65  |
| Partial Highlight             | \$65-85  |
| Full Highlight                | \$77-100   |
| Spot-Foil                     | \$40-50  |
| Perm                          | \$85 and up  |
| Relaxer                       | \$49 and up  |
| Japanese Straightening System | \$450 and up <small>(requires a \$200 deposit)</small> |

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### *Nail Care*

#### *Signature Manicure*

\$22

Keep your hands and nails looking their very best with our signature hand treatment. Sign up for our “weekly maintenance series” and we will reserve your standing appointment for the same time every week. (A sure way to stay on top of problem hands and nails! 30-minutes)

#### *Signature Pedicure*

\$50

Your feet are one of the most abused and stressed parts of your body. Give them the attention they deserve with our signature pedicure. They will feel refreshed and revived. (45-minutes)

#### *Paraffin Treatment*

\$10 and up

A rich, moisturizing treatment to open your pores and relieve dry, Chapped skin. Available for your hands and feet.

#### *Additional Services*

|                              |                 |
|------------------------------|-----------------|
| Deluxe Spa Manicure (45 min) | \$38            |
| Manicure (30 min)            | \$22            |
| French Manicure              | <i>add \$10</i> |
| Deluxe Spa Pedicure (60 min) | \$65            |
| Pedicure (45 min)            | \$50            |
| Manicure (30min)             | \$22            |
| French Manicure              | <i>add \$10</i> |
| Child Manicure               | \$20            |
| Polish Change                | \$17            |
| Paraffin Dip                 | \$10            |

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### *Men's Specialty Menu*

At Tonic's, we address men's special skin care needs. Our members are invited to use the Club's private entrance. The lounge area is available for each client's comfort and privacy.

|  |             |
|--|-------------|
| <i>Sports Massage</i>  | \$75        |
| A deep tissue massage to relieve aches and pains in muscles and joints. Combined with our intense muscle-relief gel, this massage will leave you balanced and energized.   |             |
| <i>Men's Fitness Facial</i>  | \$50        |
| Learn how to minimize the common problems caused by shaving; for example, red bumps and irritated skin patches. Clear and simple results will have you feeling confident and invigorated in just 45 minutes.   |             |
| <i>Men's Executive Facial</i>  | \$70        |
| Clean, correct and protect your skin, and leave feeling relaxed yet energized. We will introduce you to our skincare line so you can have clear and simple results on your own. Complimented by a facial massage, this calming experience will have you refreshed. |             |
| <i>Waxing</i>  | \$16 and up |
| A full array of waxing services will leave your skin smooth without irritation.  |             |
| <i>Sports Pedicure</i>   | \$55        |
| Our sports-style nail services feature an extended massage for relief from muscular aches and pains, a callous scrub and a cooling relief gel to diminish fluid retention.   |             |

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## ***Body Massage***

*(10 Minute changing time is included in all massage times)*

*Therapeutic Massage/Full Body* *\$115 and up*

Our classic European massage uses Swedish, Acupressure and deep-tissue massage to improve circulation and flexibility. Melt away tension, stress, and muscle aches. (90 min)

*Full Body Massage: Sports or Deep Tissue* *\$69 and up*

This deep tissue massage relieves aches and pains in muscles and joints. Combined with our intense muscle-relief gel, this massage will leave you balanced and energized. (60 min)

*Mini-Massage* *\$50*

In just 30 minutes, feel relief in your shoulders, neck and back, or any specific area that needs relief. (30 min)

*Hot Stone Massage* *\$125 and up*

Experience a luxurious and relaxing massage combined with deep heat therapy. Smooth, polished stones are heated and incorporated into a massage. The perfect treatment to release tight muscles, relieve stress and ease tension. (90 min)

*Couples Massage* *\$155*

Two therapists perform our Therapeutic Massage technique simultaneously on you and your partner. This beautiful experience will induce feelings of deep relaxation and tranquility. (60 min)

*Pre-Natal Massage* *\$75*

For pregnant moms. this massage targets the new changes in the body. To enhance the function of muscles and joints, improve circulation and general body tone, and relieve mental and physical fatigue. (60min)

*4-Hands Massage* *\$150*

Enjoy a deep tissue massage with two professional therapists. This Intense treatment will relax your mind, body and spirit. Melt away your stress and leave feeling rejuvenated. (60 min)

*Thai Massage* *\$85*

This very active massage combines Rhythmic Massage, Acupressure, and Yogic Stretching. A perfect way for increasing flexibility, and offers relaxation and invigoration simultaneously. (60 min)

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