



CINCINNATI SPORTS CLUB HOUSE RULES

1. Teams **MUST** occupy correct bench area. Sitting in the wrong bench leads to incorrect scores being posted. All scores **MUST** be initialed immediately after every game. Once initialed, all scores are final.
2. Coed teams consist of 6 field players and 1 goalie. Coed teams are allowed a maximum of 3 male field players. The number of male field players may **NEVER** exceed 3. The number of female players is unlimited. The goalie may be either male or female.
3. Games **MUST** start on time. Teams may start play with two players less than the normal number. As a minimum, a team may start play with 1 female field player, 3 male field players and a male goalie. Teams will be allowed a five-minute grace period after the scheduled game time to field enough players. Teams unable to do so will forfeit the game with a 3 – 0 score.
4. Shinguards are **mandatory** for every player. **No slide tackling** is allowed in **ANY** league.
5. Only players, substitutes, and coaches are permitted in the players bench area. An adult **MUST** be in the players bench area for all U-19 games and younger.
6. The following will result in at least two (2) minute penalties:
 - (a) "Boarding"
 - (b) Jumping walls from or into players bench area
 - (c) Use of chewing gum, any tobacco products, or spitting on the playing field or bench area
7. Foul language and referee abuse (physical or verbal) will not be tolerated, and will be dealt with severely, including but not limited to two (2) minute time penalties, cautions (yellow cards), ejections (red cards), and a temporary or permanent ban from playing in Soccer One leagues.
8. Any ejection is a mandatory one (1) game **minimum** suspension. Fighting is a mandatory two (2) game **minimum** suspension. Any person joining a fight already in progress will be subject to an immediate ejection. Any person accumulating three ejections is subject to a lifetime ban from playing in any Soccer One league.
9. Special playing rules:
 - (a) Any ball hitting the top netting will be placed at the center of the nearest defensive white line.
 - (b) It is illegal for goalkeepers **ONLY** to throw or kick the ball in the air over three lines.
 - (c) Any goal scored behind but not including the defensive white line is worth two (2) points.
 - (d) All kicks are direct. Mandatory distance between the ball and defenders is fifteen (15) feet.
 - (e) Kick-offs may go in any direction.
 - (f) **COED ONLY:** A female must take **ALL** free kicks in the attacking half of the field. Once a ball has entered play in the attacking half, a female must touch the ball before a team is allowed to score; "touch" is kept until the ball passes back over midfield; the first kick from a kickoff does not constitute "touch."
 - (g) A goalkeeper may not legally handle the ball passed to him if:
 1. The ball travels across the white line into a team's defensive third while in possession of the defensive team via dribbling, passing, or heading.
 2. The keeper gains possession out of the penalty box and dribbles into the box.